

Sun 09/10/2023 (Day 22)	Mon 09/11/2023 (Day 23)	Tue 09/12/2023 (Day 24)	Wed 09/13/2023 (Day 25)	Thu 09/14/2023 (Day 26)	Fri 09/15/2023 (Day 27)	Sat 09/16/2023 (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg "Breakfast Special" Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg "Breakfast Special" Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg "Breakfast Special" Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg "Breakfast Special" Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Egg "Breakfast Special" Chef's Choice Meat Choice of Toast Milk/Beverage	Assorted Juice Fresh Cut Fruit Choice of Hot or Cold Cereal Choice of Eggs Chef's Choice Meat Choice of Toast Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Beef Mashed Potatoes & Gravy Capri Vegetables Dinner Roll/Margarine Pie Milk/Beverage	Garnish: Cherry Tomato Halves Beef Cube Steak w/Mushroom Gravy Crispy Potato Cubes ***** OR ***** Shepherd's Pie Buttered Peas & Carrots Bread/Margarine Apple Cobbler Milk/Beverage	Garnish: Green Onion Sprig Meatloaf ***** OR ***** Baked Spiral Ham Garlic Mashed Potatoes Bread/Margarine Birthday Cake Milk/Beverage	Garnish: Celery Sticks Sweet & Sour Chicken ***** OR ***** Beef & Broccoli Stir Fry Egg Rolls Rice Gelatin Parfait Milk/Beverage	Garnish: Carrot Sticks Hamburger Steak ***** OR ***** Windsor Loin Cheesy Hashbrown Casserole Beans Cherry Cheesecake Bread/Margarine Milk/Beverage	Garnish: Lemon Slice Breaded Cod ***** OR ***** Breaded Chicken Chunks Sweet Potato Fries Creamy Coleslaw Garlic Toast Fruit Cup Milk/Beverage	Tuna Noodle Casserole ***** OR ***** Tater Tot Casserole Five Way Mixed Vegetables Bread/Margarine Fruit Milk/Beverage
Supper	Supper	Supper	Supper	Supper Family Picnic	Supper	Supper
Chicken Bacon Ranch Baked Penne ***** OR ***** Beef Goulash Baby Lima Beans Ice Cream Cup Milk/Beverage	Cheesy Chicken Spaghetti ***** OR ***** Meatball Sub on Bun Asparagus Gelatin Fruit Cocktail Milk/Beverage	Homemade Runza ***** OR ***** Pork Patty on Bun Buttered Carrots Tater Tots Diced Peaches Milk/Beverage	Ham & Bean Soup Cheese Sandwich ***** Cornbread Beef Pie Corn Bread Stick Pudding w/Whipped Topping Milk/Beverage	BBQ Pulled Pork on Bun ***** OR ***** Hot Dog on Bun Italian Pasta Salad Baked Beans Chips Cookie Milk/Beverage	Creamed Turkey over Biscuit ***** Crab Meat Salad on Croissant Chef's Choice Salad Marinated Cucumbers & Tomato Salad Honeydew & Cantaloupe Milk/Beverage	Baked Chicken Legs ***** (or) Hamburger on Bun Homemade Potato Salad Pickled Beets Fruited Gelatin with Topping Milk/Beverage

The meal items shown are those served on a **Regular Diet**. Menu Subject to Change